

## **Hebrews 10:19-39 DON'T SHRINK BACK**

What are the important issues in keeping on preserving at something in life?

### Read Hebrews 10:19-25

1. How do verses 19-22 summarize chapters 7-10?
2. What do the 4 'Let us' exhortations mean in your own words?
  - "Let us..." (v22)
  - "Let us..." (v23)
  - "Let us..." (v24)
  - "Let us..." (v25)
3. How do these 4 exhortations spring from the teaching of the last three chapters? Why are they important?

### Read Hebrews 10:26-39

4. What are the consequences of "shrinking back" (v. 39) or "sinning deliberately" (v. 26)?
5. Given the context of Hebrews up to this point, what do you think it means to "sin deliberately" or "shrink back"? (See especially vv. 26 and 39; cf. Heb 9:11-14.)

6. What are the consequences of enduring and remaining faithful?
7. After such a stern warning in verses 26-31, how does the Hebrews writer give his readers positive encouragement in verse 32-34?
8. How does he encourage them to press on verse 35-39?

### Implications

9. What are the important factors in loving and spurring one another on and fostering good Christian fellowship in a church?
10. Why is regular good Christian fellowship so important for our and others perseverance in the faith?
11. In light of this passage teaching, What would you say to someone who is thinking of giving up their faith in Jesus?

### Personal reflection:-

Do I still have the same enthusiasm and commitment I had when I first became a Christian? How can I make sure I keep holding onto Jesus?

Who is someone I can encourage to persevere? What can I do for them?